

## serena elizabeth

Serena Elizabeth was born in Winnipeg in 2001. Her mother, grandmother, and great-grandmother were all artists when they were younger. Not surprisingly, at age 10, Serena was creating finger art portraying mountains and other scenery, and to this day, she likes to create art that's in a "happy place," she says. "I believe everyone's an artist, because even living life is an art; and I have my own personal take on that." In addition to creating, Serena has worked as an art room helper and especially enjoys volunteering with elders, with whom she has been able to make a strong connection.

Serena's current work is mostly acrylic on canvas, with the occasional addition of ink. She uses semiabstract shapes and patterns, for which she considers that the underlying totemic subjects of flora and fauna are secondary. Serena puts lucid dreaming to work in her art, and believes in the power of shapes. All the same, she says she does not attempt a one-to-one match between meaning and shape as a symbolist might; rather, there's a 'trickster' element to what's represented on the canvas. "Unity of your mind with your environment results from a life that holds colour; this has the power to make peace and foster mental health. I try to make this concept of unity come together to show what a happy place looks like," she adds.