

Out of Mind-Into Creativity  
Nov. 24-25, 2011  
Winnipeg Art Gallery

Thursday, November 24, 2011

**6-7pm** Registration Opens, Eckhardt Hall, Winnipeg Art Gallery

**7-8:30pm** Opening Keynote Lecture - Prof. Jenny Secker, Ruskin Anglia University

Jenny Secker

Jenny Secker is Professor of Mental Health at Anglia Ruskin University and the South Essex Partnership University NHS Foundation Trust. She trained in Edinburgh, first as a mental health nurse and later as a social worker. After completing her PhD with the Department of Social Work and Social Policy at Edinburgh University she worked as a researcher in a number of academic and practice organisations. Her main research interests are in the area of mental health, employment and social inclusion. Between 2005 and 2007 she led the team commissioned by the UK Department of Health and Department for Culture Media and Sport to carry out the study *Mental Health, Social Inclusion and Arts*. Following publication of that study she has supported the development and evaluation of Open Arts, a project providing arts participation and wider inclusive opportunities for people with mental health needs in South Essex.

**Arts and mental health: what does the research tell us?**

This keynote presentation will draw together evidence from research carried out in the UK into the benefits of arts participation for people with mental health needs. The evidence examined will include what has been learnt from studies of participatory arts initiatives with the wider population, but will focus in more detail on an England-wide study jointly commissioned by the Department of Health and Department for Culture, Media and Sport that aimed to develop the evidence base specifically in relation to the mental health and social inclusion of people with mental health needs. Results from the evaluation of a local participatory arts programme established in response to the positive results of the national study will then be presented along with some of the next steps needed to convince funders of the value of participatory arts in this field.

**8:30-9:30pm** Opening Reception at WAG

Friday, November 25, 2011

**8:00-9am** Registration opens, Eckhardt Hall, Winnipeg Art Gallery  
Coffee service

**9-10:30am** Panel: *Identity Making-Myth Dispelling: Exploring links between art, artists and “madness”*

Moderator: Thomas Sparling, Executive Director of ACI Manitoba

Panelists:

Mary Jo Hughes, Chief Curator, Art Gallery of Greater Victoria

Shawn Jordan, Visual Artist

Lisa Brown, Founder and Executive Director, Workman Arts, Toronto

**10:30-11am** Coffee Break

**11am-12:30pm** Panel: *Participatory Arts in the Implementation of Canada's National Mental Health Strategy*

Moderator: Michael Shaen

Panelists:

Jenny Secker, Professor of Mental Health, Ruskin Anglia University, UK

Fran Schellenberg, Executive Director, Manitoba Health, Department of Mental and Spiritual Health

Chris Summerville, Executive Director, Manitoba Schizophrenia Society

**12:30-1:30pm** Lunch in Eckhardt Hall

**1:30-3:00pm** Panel: *From the margins to the centre: Making art with a mental illness*

Moderator: Diana Thorneycroft

Panelists:

Nigel Bart, Visual Artist and Studio Facilitator, Artbeat Studio Inc.

Ryan Smoluk, Visual Artist

Meagan Brown, Visual Artist

**3:00-3:30pm** Coffee Break

**3:30-5:00pm** Panel: *Balancing Act: Art and the pursuit of mental health*

Moderator: Rick Lussier, Director of Community Grants, The Winnipeg Foundation

Panelists:

Tanis Dick, Art Therapist, Tanis Dick Associates

Dr. Elaine Mordoch, Assistant Professor, Faculty of Nursing, University of Manitoba

Gillian McIntyre, Adult Education Coordinator, Art Gallery of Ontario

**7pm** **Evening reception for delegates hosted by Artbeat Studio**