



Kevin Grummett

Kevin Grummett was born in Toronto in 1965. He took a variety of courses at the post-secondary level (Library Technician, IT, BA in Psychology, pre-Masters in History) and realized his interest in art relatively late. "Artbeat has allowed me to explore sculpture and pottery, and has excited and motivated me to think of myself as an artist," he says.

Kevin feels he is working himself up from the level of illustrator – focusing on technique – to that of an artist, who can bring "a certain Gestalt where emotion, idea, and concept reinforce each other to facilitate multiple interpretation. Simplicity is most appealing, and allows a sharper focus on emotional expression," he adds. His current work replicates the look and feel of watercolour using *conté* (chalk-pastel) on paper. Kevin has a series of pastoral paintings conveying tranquility and celebrating his connectedness with the rural part of his family background. He has another series of abstract paintings done in pastel or acrylic.

"For me, art has a therapeutic effect similar to that of a sunrise: emotional and intellectual connectedness that promotes improvements in spontaneity, positive identity, and expanded social networks." Kevin hopes to pursue a career in library science or counselling, but he is certain he will always keep art close to his concerns.